

Specialized Tri Enzyme Performance Facial 90minutes

A highly specialized and results driven facial formulated for cellular rejuvenation, gently stimulates skin cell renewal and works on deeper levels of the skin. Presence of high dosage of vitamin C actively boost skins regeneration and anti-ages. The unique delivery of active ingredients offers highly nourishing results from the cocktail of peptides, hyaluronic acid, enzymes and probiotics. This is the ultimate anti-ageing facial for mature, dry skins.

Treatment breakdown	
Welcoming Foot Ritual & Consultation	5 mins
Cleansing, Tone & Skin Analysis	15 mins
Exfoliation	10 mins
Mask and hand/head massage	15 mins
Facial Massage	25 mins
Mask and hand/head massage	15 mins
Serum and Eye Treatment & Moisturize	5 mins

Products required	Quantity
Anti-oxidant Pinotage Grape Cleanser	10 ml
HP Tri-enzyme Toner	5 ml
HP Tri-enzyme Peptide Peel	10 ml
HP Tri-enzyme Peptide Mask	5 ml
HP Tri-enzyme Peptide Serum	5 ml
Hyaluronic Serum	5 ml
African Potato Balm	5 ml
Eye Care	1 ml
HP Active replenishing Gel	3 ml
All Day Cream SPF 15/Night Cream	3 ml

Set up

- Ensure foot ritual area is prepared – bowl filled with warm water, foot scrub and cooling foot gel present
- Ensure the treatment bed is fully set for your treatment – bed should be neatly presented, crease free
- Ensure a clean bathmat is placed in front of treatment bed
- Prepare a small pillow or rolled towel for guest to lay their head. Place head band
- Prepare a bowl for hot water with 2x sponges or facial mitts
- Prepare cottonwool rounds and mask brush for mask application

Guest greeting

- Collect guest from change room or waiting area
- Introduce yourself to your guest: "Good morning, good afternoon, good evening Mr./Mrs. _____, my name is _____ and I will be your therapist today. Please follow me to your treatment room"
- Lead the way and escort guest to their treatment room
- When entering guest room, direct guest to take a seat for the foot ritual
- While performing the foot ritual, ensure to go through the guest consultation form to reconfirm any medical history, focus areas or areas of concern
- Once the foot ritual has been completed, advise the guest that you will leave the treatment room while they remove the bathrobe and lie down on the treatment bed face up.
- Leave the room and allow 1 – 2 minutes. Knock and check if guest is ready before entering
- Enter treatment room and proceed with treatment

Treatment Procedure

*Note: It is important to talk to the Guest about the treatment, its benefits and to find out about the Guest's skin. Ask open-ended questions. Before cleansing look at skin for level of natural oils on the skin surface. Look at the color and capillary activity and overall health of the skin. Pay attention to cheek area where dry patches or flakiness may occur.

- Apply 1 pump of the **Pinotage Gel cleanser** onto damp cotton pads. Place cotton pads over the eyes and gently press down. Gently wipe over the eyes in downward and outward strokes to remove eye makeup. Fold cotton and wipe underneath the lashes to clean any make up residue. Using the same sequence, cleanse the lips. Repeat if needed
- 1 Pump of the **Pinotage Gel Cleanser/Pinotage Cream Cleanser** into your hand. Wet one hand and gently emulsify the cleanser. Apply to décolletage, neck and face and perform cleansing sequence.
- Remove cleanser with sponges or mittens and repeat for second cleanse
- Spray 2 pumps of **High Performance Toner** onto damp cotton round and wipe over the face, neck and décolletage. Compress dry if needed with a tissue
- Apply 1 pump of the **High performance Peptide peel** to the face, neck, and décolletage in circular movements. Emulsify with warm water and perform circular movements over the face, neck and décolletage for 7 minutes. The peel should present a milky appearance. Remove the peel with sponges, mittens, or hot towel. Can be used with steamer.
- 1 pump of **High Performance Peptide serum** gently pressed over the face, neck and décolletage. Ensure there is not too much, only a thin layer is enough
- Take 5ml (1 teaspoon) of **African Potato Balm** and apply in effleurage strokes over the décolletage, neck and face – this will be your massage medium to perform facial massage. Massage facial massage 15mins
- Apply the **High Performance Peptide Mask** to the face and neck using a mask brush and leave for 15 minutes
- Take 2 round cotton pads and place it over the eyes.
- While the mask is resting on the skin, perform a hand, head, or foot massage as per guest preference

- After 15 minutes, remove mask from face.
- Spray 2 pumps of **High Performance Toner** onto damp cotton round and wipe over the face, neck and décolletage. Compress dry if needed with a tissue
- Apply **Active Replenishing Gel** to the face and leave resting for 15 mins and continue head or foot massage
- Spray 2 pumps of **High Performance Toner** onto damp cotton round and wipe over the face, neck and décolletage. Compress dry if needed with a tissue
- 1 pump of **Hyaluronic Serum** gently pressed over the face, neck and décolletage.
- Apply a small amount of the **De Stress eye gel** to the eyes and to the face
- Apply the **All Day SPF15 or Regenerative Night Cream** to the face and neck as moisturizer.
- Place 2x damp cotton rounds over the eyes while you perform closing touch

Closing

- After the treatment is completed, quietly wash the hands
- Spray the room with fragrant mist
- Perform awakening with rain stick, gently flipping it over minimum 2 times
- Gently remove cotton rounds from the eyes
- With ring and middle finger, circle the eyes, sliding under the eyes, over the eyebrows towards the temples
- Stationary circles at the temples
- Apply pressure, hold and release pressure
- Move to the side of the bed and place your arm on the guest shoulder and in a quiet voice inform guest that the treatment is finished
- Ask guest if they enjoyed their treatment
- Offer the guest something to drink
- Advise guest the next step of events, that guest can change back into their robes or clothes and to exit the treatment room
- Inform guest you will be waiting outside once they are changed with their beverage
- Therapist to prepare retail recommendation and home care to discuss when guest comes out of treatment room
- Inform guest of sun and heat sensitivity and to avoid these after treatment.

Home Care

- Pinotage Cleaning Cream, Pinotage Cleansing Gel
- High Performance Toner
- High Performance Peptide Peel
- High Performance Peptide Mask
- High Performance Peptide Serum
- Active Replenish Gel
- Hyaluronic Serum
- De Stress Eye Gel
- All Day SPF15
- Regenerative Night Cream
- African Potato Balm

Contraindications

Allergies, Severe Sunburn, any advanced skin conditions, Rosacea, pregnancy, if any outdoor activities are planned