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DNA Repair Therapy

Treatment for skin imperfections, damage and wrinkles with retinoids, for normal and dry skin.

Professional cosmetic facial treatment that repairs skin imperfections and signs of ageing (wrinkles, scars, acne scars) and stimulates cell renewal. At the same time, it moisturizes, tones, rejuvenates and improves the skin's texture. This treatment is based on the action of cosmetic products containing high concentrations of retinoids, folic acid, Bifidus and Lactokine in synergy with a specialized peeling and cellular stimulating system.

Main action

Skin spots and imperfection repairing, cellular stimulation.

Secondary action

Hydration, rejuvenation, elasticity enhancing.

Skin concerns

Fine lines, expression lines, wrinkles, skin roughness, acne spots, recent scars.

Contraindications

Contraindicated in skin herpes zoster.

<u>Skin types</u> Normal, dry skin types.

Key ingredients

Retinoid, Folic Acid, Bifidus, Lactokine, Ceramides, Bio-Placenta, Unirepair T-43, Dermonectin, Collagen, Hyaluronic Acid, Ascorbic Acid.

Suggested applications: 8-12, based on the skin condition. This protocol can be also applied either once to protect the skin or systematically for skin repairing action.

Session duration: 40-45 minutes

Repeatability: 2 times a week

Maintenance: Once per month

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

1b. Cleansing Tonic Lotion

Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

(Total duration: 3 minutes)

Step 2: Triple Action Peeling System

At this stage we combine exfoliation, by removing the dead cells of the epidermis, with cellular stimulation and renewal. We apply a specialized protecting peeling system in **3 stages**:

2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. *In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. (*Duration: 9-11 minutes*)

2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2c. Repair Peeling (0.7-1ml)

Apply 0.7-1 ml Repair Peeling (Salicylic Acid 0.5%, Clycolic Acid 10.5%, Lactic Acid 9% Retinoid 0.5% / pH ~ 4.5). Leave on for 7 minutes and do not remove. In case of irritation rinse with water and move to the next step. (*Duration: 7 minutes*)

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 16-18 minutes)

Step 3: Hydra Repair System

This step aims to enhance the skin's rejuvenation mechanism and to improve its appearance, in **2 stages:**

3a. Folic Acid (B9) Serum (1ml) & & Hydra Repairing Serum (1ml)

On dry, oil-free skin apply, 1ml Folic Acid (B9) Serum on the face and neck and allow it to be absorbed or ionize on the negative pole. Continue with the application of 1ml Hydra Repairing Serum and massage until absorbed or ionize using the negative pole. (*Duration: 4 minutes*)

3b. Repairing Mask (5ml) & Eye Shine Mask (1ml)

Combine the 2 masks on the eye contour area, face and neck. With a soft mask brush apply 1ml Eye Shine Mask on the area around the eyes and 5ml of Repair¬ing Mask on the rest face and neck. Leave until it is partially absorbed (5 minutes) and then proceed with facial massage using both masks for 5 minutes and rinse with water. (Duration: 10 minutes)

(Total duration: 14 minutes)

Step 4: Retinoid Repair System

This step aims to further enhance the skin's repairing mechanism and protect the epidermis from oxidative stress, in **2 stages:**

4a. Retinoid C Serum (1ml), Retinoid 3% (1ml)

On dry, oil-free skin apply 1ml of Retinoid C Serum on the face and neck and allow it to absorb or ionize using the negative pole. Apply topically Retinoid 3% Serum on the areas with greater skin needs (wrinkles, spots). *(Duration: 4 minutes)*

4b. Retinoid C Cream (2ml)

Apply 2ml Retinoid C Cream on the face and neck with gentle massage until it is absorbed. (*Duration: 1 minute*)

(Total duration: 5 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. (*Duration: 1 minute*)

Step 6: Home Daily Regimen

Morning:

- Folic Acid (B9) Serum
- Retinoid C Cream
- Night:
- Retinoid C Serum
- Retinoid C Cream

We strongly recommend the use of the home regimen products for at least two months.

Juliette Armand

	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	Triple Action Peeling System	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Repair Peeling	0.7-1ml	
3	Hydra Repair System	Folic Acid (B9) Serum	1ml	4 minutes
		Hydra Repairing Serum	1ml	
		Repairing Mask	5ml	10 minutes
		Eye Shine Mask	1ml	
4	Retinoid Repair System	Retinoid 1%, 3%	1ml, 1ml	4 minutes
		Retinoid C Cream	2ml	1 minute
5	Sun Protection	Sunfilm Face Gel SPF 30 or	2ml	1 minute
		Sunfilm Face Bliss SPF 50+		

